



Mrs. Nordquist's Classroom Expectations

Welcome to the 2018-2019 school year! My name is Angel Nordquist and I'm excited to have you/your student in my class! This is my 5th year at Sentinel and I'm sure it's going to be great.

Please review the class set-up and expectations. I am available via email (the easiest form of communication for me), or phone. I, of course, love to meet the supportive adults in my students' lives so stop in to say hi; if you need a little more time we can set up a meeting so I can give you my full

attention.

My schedule is as listed below. My classroom is #152, those classes with the * I am teaching with Mrs. Ashley House and we meet in her room, 167.

Monday, Tuesday, and Friday

Period 1, <i>Personal Social</i>	7:55 – 8:45
Period 2, <i>Prep</i>	8:50 – 9:40
Period 3, <i>Basic Art</i>	9:45 – 10:35
Period 4, <i>Basic (P.E.)</i>	10:40 – 11:30
LUNCH	11:30 – 12:15
Period 5, <i>Duty</i>	12:20 – 1:10
*Period 6 & 7, <i>Voc Prep 2</i>	1:15 – 2:05 & 2:10 – 3:00

Wednesday

Period 1, <i>Personal Social</i>	7:55 – 9:25
Period 3, <i>Basic Art</i>	9:35 – 11:05
LUNCH	11:05 – 11:45
Period 5, <i>Duty</i>	11:50 – 1:20
*Period 7, <i>Voc Prep 2</i>	1:30 – 3:00

Thursday

Period 2, <i>Prep</i>	7:55 – 9:25
Home Room	9:35 – 10:00
Period 4, <i>Basic (P.E.)</i>	10:05 – 11:35
LUNCH	11:35 – 12:20
*Period 6, <i>Voc Prep 2</i>	12:25 – 1:55

Personal Social

In this class we focus on interpersonal and intrapersonal communication. We will be practicing how to read other people's emotions, express our own in an appropriate manner, being flexible, self-regulation, relationships with others, and more. Each Monday we will be focusing on techniques to help us regulate our emotions, Tuesdays we will have our Speech-Language Pathologist visiting to lead lessons on communication and relationships, Wednesdays are block so we will be mixing it up with lessons and activity, and Fridays are game days where we practice positive interactions, turn taking, and good sportsmanship.

Classroom Expectations and Grading

- 1) **Arrive on time and be in your seat, prepared** (bring your class materials and a writing utensil), be ready to begin class at the time the bell rings.
- 2) **TRY! Participate.** I ask each student to participate in class activity and discussion. Each student is expected to try at tasks even when they may be challenging.
- 3) **Ask questions.** I am available to help when needed.
- 4) **Be respectful** to others, yourself, and myself. Listen when others are speaking, Hateful speech is not tolerated.

Cellphone/Electronics Policy

All electronic devices are to be put in the cellphone storage pockets, per school policy in every class. Students are allowed to use their devices before and after school, at lunch and during the five-minute passing period. IF they refuse the device will go to administration and will need to be picked up by a parent or guardian at the end of the school day. Cellphones are absolutely NOT allowed in locker rooms or restrooms at any time.

Work Completion and Absences:

I am willing to discuss and work out plans with students who are struggling to complete work. Work will be done in class, if students are using their time to work they will not have any homework.

Students are able to make up assignment for any absence that is excused (medical, bereavement, school-related, etc.). Students receive two days for one day missed, three for two days missed, and four days for three days missed. Anything following that, the student receives one school week (5 days) to complete missing assignments. Any assignment not completed during this timeframe will result in a 0.

Grading Policy

I use a 10 point grading system:	Categories of assignments will carry different weights:
90-100% A	Participation & Attitude 10%
80-89% B	Seat work/Homework 50%
70-79% C	Projects/Tests 40%
60-69% D	
0-59% F	

-Cheating will result in a zero for all participants